



# VIKINGS OF THE SMOKIES

[WWW.TNVIKINGS.ORG](http://WWW.TNVIKINGS.ORG)

Fra Presidenten,

2017 is upon us and with the New Year brings new resolutions! As a Lodge, we resolve to be more visible in the community and reach out to those who may not be aware of Sons of Norway. To begin that effort, we have some new and interesting events scheduled for the year. We will start in January with our annual officer installation - along with a short cultural skills program.

Sports Director Clark Brekke has organized some fun winter outings for Lodge members - including hockey, curling and bowling! More information on these activities is available elsewhere in the newsletter. We will also be organizing a chili cook off this winter - and prizes will be awarded!

The lodge enjoyed a wonderful Juletrefest this year at Messiah Lutheran Church under the guidance of Social Director Bonnie Pederson. Assisting her, Trude Wilson organized the St. Lucia Children's Parade, Linda Turmo coordinated the silent auction and Linda Thompson provided the music. Takk also to John Gunning and Dee Bumpers for participating in the program. A special tusen takk to Elizabeth & Trygve Myhre, Meredith and Wendell Liehmon and Alan and Darla Berdal for staying late for clean up duty!

## 2017 Lodge Board of Directors

Joleen Dewald	President
Darla Berdal	Vice President
Trygve Myhre	Treasurer
Jeannette Lively	Secretary
VACANT	Social Director(s)
Joan Shrader	Cultural CoDirector
Darla Berdal	Cultural Co Director
Linda Turmo	Membership Secretary
Clark Brekke	Sports Director
Elizabeth Myhre	Sunshine Chair

I also want to thank Bonnie Pederson for her enthusiasm, organization and dedication this past year as our Lodge Social Director.

Bonnie is stepping down from her position due to other responsibilities and, as such, the Lodge is currently seeking an individuals (or 2!) to serve as Social Director(s) for 2017.

Please contact me if you would be interested in assisting with Lodge social events. I hope to see everyone on January 8th for curling and at the January lodge meeting on the 15th!

# Julefest 2016



The 2016 Julefest was enjoyed by more than 50 Lodge members and their guests. A bountiful smorgasbord with a tempting variety of wonderful deserts and plenty of meatballs guaranteed that none left hungry!



Attendees were once again treated to the wonderful Scandinavian Trollkretzen Dancers under the direction of Meg Mabbs and Bill Gooch, while the children's St. Lucia Parade and the visit from Santa Claus was enjoyed by all.



Tusen Takk to outgoing Social Chair Bonnie Pederson for her hard work and to those on the Jultrefest committee who made it such a success!





# Interested in learning how to curl like a Winter Olympian?

Join Lodge members at the "Learn to Curl" Sports Event  
Sunday, January 8, 2017  
8:00 - 10 pm at the [Ice Chalet](#), in Knoxville.

Interested in learning to curl like a Winter Olympian? No, this has nothing to do with a 'head of hair' event!! Curling is a Scottish sport, started in the 1500's and was originally played on frozen lakes in northern Europe. The sport was brought to North America in the 1800's, and there are now over 1.3 million curlers (the ice, not the hair kind!) in North America. Curling is an Olympic sport, and Wheelchair Curling is in the Paralympics. The Norwegian Olympic Curling Team is well known for its crazy ever-changing plaid team trousers.

Curling is a team sport much like shuffleboard, except on ice. Teams take turns sliding granite stones toward a target, known as the 'house'. Two sweepers with brooms precede the stone down the ice to affect the direction and speed of the stone as it proceeds toward the target.

Lessons are held at the Ice Chalet, 100 Lebanon St. (off Kingston Pike in the Bearden area of Knoxville), presented by the Great Smoky Mountain Curling Club (yes, there is league play on Sunday evenings). They will teach lodge members how to slide and sweep the stone, as well as the basics of the game including: strategy, order of play, scoring, and the mechanics of sweeping. All you need to curl is a pair of clean tennis or rubber soled shoes and some loose fitting pants. Sliders and brooms are provided by the club. The building is heated so there is no need for jackets, or even sweaters.

The cost, due in person and cash only, is \$15 per person, but reservations are necessary. Please contact Clark Brekke ([cjbrekke@gmail.com](mailto:cjbrekke@gmail.com), 865/966-0608) by Friday, January 6, 2017, if you wish to participate or simply attend and watch. Guests are most welcome.

**COME JOIN IN FOR A FUN-FILLED EVENING!!**

# Join Lodge Members for a Variety of Sports Activities!

## 2017 VOTS TENTATIVE SPORTS SCHEDULE



### Learn to Curl

Cost is \$15 per person. Reservations are necessary 8-10 pm on Sunday, January 8, 2017 at the Ice Chalet, 100 Lebanon St in Knoxville (off Kingston Pike in Bearden).

Please Contact Clark Brekke, VOTS Sports Director with questions and to make a reservations [cjbrekke@gmail.com](mailto:cjbrekke@gmail.com) or 865-966-0608. Guests Welcome!



### SoN District 5 Bowling Tournament.

January 1 – April 30, 2017:

See elsewhere in newsletter for details.



### Knoxville Ice Bears Hockey

March (TBA), 2017: Friday or Saturday evening, at the Knoxville Coliseum, 7:00 or 7:30 pm (depending on the date chosen). Tickets \$15 (upper deck) or \$20 (lower deck).

Contact Clark Brekke with questions. Payment with your reservations may be necessary. Guests welcome!



### Wildflower Hike in the Smokies.

April (TBA), 2017 Contact Wendell Liemohn, VOTS Sports Program Committee member, [wliemohn@gmail.com](mailto:wliemohn@gmail.com) or 865 766-9134 for details as they are developed. Guests welcome.

# GET ACTIVE AND EARN A SPORTS MEDAL

From the Treasurer

Our net income for the fiscal year-to-date is \$995. This compares to \$778 for the same period last year. The major source of income (68%) was from the Taste of Scandinavia. The next largest source (31%) was from our share of membership dues. Total expenses to date are \$528. The major expense is \$458 was for the biannual District 5 Convention.

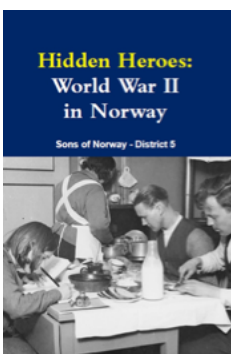
Our fiscal status is quite good, mainly due to the Taste of Scandinavia profit and keeping the District 5 convention costs at no more than \$1000 bi-annually. A profit is expected from the Juletreffest auction.

Respectively submitted,  
Trygve Myhre

## 2017 Cultural Skills Contest

**Beginning in January, District 5 is holding a Cultural Skills Participation Contest, and the the Lodge with the largest number of members receiving cultural skills within a a six month period will be declared the winner!**

**So start working towards those pins!**



**The Lodge has several copies of the Masse Moro Youth Heritage Camp Fundraising books available for \$20 each**

This book, "The Hero Next Door: World War II in Norway." is a collection of twenty eyewitness accounts told from the viewpoint of children and young adults who are (or were) members of The Sons of Norway during the Nazi occupation of Norway.

Help support Masse Moro - the Sons of Norway's District 5 Norwegian Heritage youth summer camp. Please contact Trygve Myhre to purchase your copy.



## Viking Volunteers needed for Oak Ridge International Festival - Saturday February 18th

The Lodge is again participating in the annual International Festival with a information booth and demonstration of Scandinavian foods again this year.

This is a great opportunity for the public to learn more about the Sons of Norway and the Vikings of the Smokies. Volunteers are needed- especially those who have bunads or Norwegian sweaters!

We need 4-6 volunteers to commit to a minimum three hour shift either (am or pm). Volunteers may also help with set up on Friday afternoon. All volunteers will receive free admission to the Festival, which runs from 10-4 at the Oak Ridge Children's Museum.

Don't forget to check out the new & improved VOTS website to stay current on lodge events - including inclement weather notifications.

[www.tnvikings.org](http://www.tnvikings.org)

Also remember to "like" VOTS on Facebook!!

# 2016 Sons of Norway District Five Family Bowling Tournament Instructions

Tournament Dates: January 1, 2016 to April 30, 2016

Categories: Adult men lane bowlers  
Adult women lane bowlers  
Youth ages 12 to 17 lane bowlers  
Youth ages 11 and under lane bowlers  
Wii bowling (all ages)

There is an entry fee of \$5.00 for each bowler that bowls in the tournament.  
Make check payable to: **Sons of Norway District Five Scholarship Fund**.

## Rules:

- Lane bowlers shall submit electronic results from the bowling facility or the Wii bowling results including the entry fees to Andrew Johnsen by May 10, 2015.
- The bowling score used to determine the high scoring bowlers will be the average of three games.
- The bowler of each category who has the best score will receive a District Five Bowling Certificate and also will be acknowledged on the District Five Website.
- Please indicate the participating lodge name and number, the category (see above listed categories) for each bowler, and the high scoring bowler's names and addresses.

Send scores, information requested above about bowlers and fees to:

Andrew Johnsen  
Fifth District Sports Director  
11906 Hawthorne Place  
Cedar Lake, IN 46303

email address is: [aijohnsen@att.net](mailto:aijohnsen@att.net)

# Shopper

## FARRAGUT news

www.ShopperNewsNow.com

f www.facebook.com/ShopperNewsNow

December 21, 2016

# Making a bunad for a future Juletreffest

By Carolyn Evans

In a log home with a John Deere on the property, you wouldn't expect to find a garland of Norwegian flags around the Christmas tree. Or troll figurines tucked into a small bookcase. And you certainly wouldn't be expecting "hardanger" handiwork to be lying on the kitchen table. But at the Shraders' home in Greenback, jewels of their Scandinavian heritage are on display everywhere.

Joan Shrader, a former professor of computer science at the University of Hawaii, is a member of the Sons of Norway, a group that meets regularly at Faith Lutheran in Farragut. Like her, many are fair-haired and blue-eyed and have roots in places like Minnesota, where their ancestors settled after leaving Europe. The group's mission is to promote Scandinavian culture.

During the Christmas season at the Juletreffest (pronounced Yule-tre-fest) celebration, members of the Sons of Norway come with traditional food and clothing, such as embroidered aprons and bunads.


Shrader drapes a "chatelaine" around her neck as she sits in her

dim but cozy kitchen. She made the cloth belt with pockets and a few shiny brass objects dangling from it – basically, a seamstress's toolbelt.

"I wear this all the time," she says. She picks up a long strip of cloth about 6 inches wide and carefully pierces the cloth with the needle as she talks.

By drawing some thread in the material together as she embroiders, Shrader creates tiny holes, producing a sort of lace or cutwork, a design that has embellished the dresses and aprons of Scandinavian women for centuries and takes its name from the Hardangerfjord area of western Norway. "I take this with me everywhere I go and get five minutes in here or there."

The long white strip will eventually be covered with Hardanger embroidery, and once she's finished, it will be sewn in place as a border around the bottom of a long black skirt, with the holes of the embroidery allowing the black material to show through. The skirt will be part of a traditional Norwegian outfit called a "bunad."

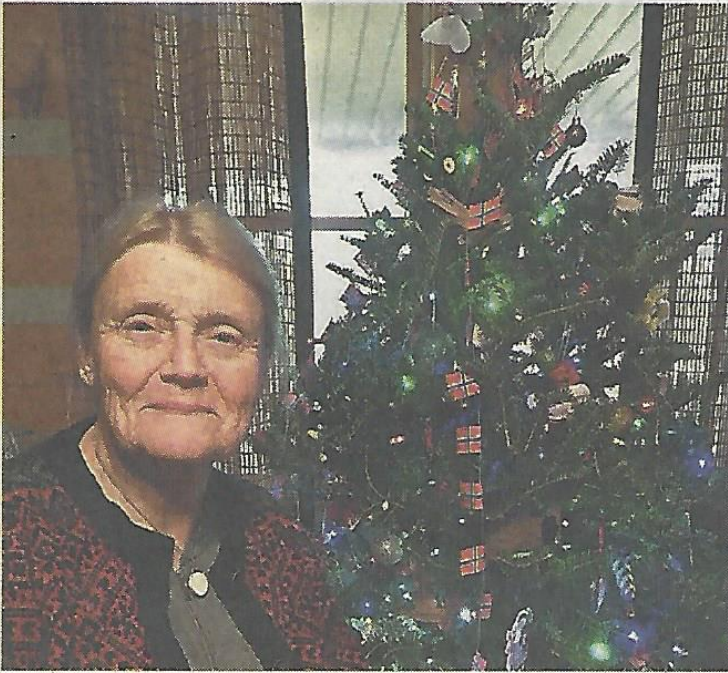


Joan Shrader works on her Hardanger embroidery at her cabin home in Greenback. She's making a bunad, the traditional costume of Norway. The Sons of Norway meets regularly at Faith Lutheran Church in Farragut.

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## Making a bunad

From page A-1



Garlands of Norwegian flags swirl around the Shraders' Christmas tree at their log home in Greenback. Joan Shrader is a member of the Sons of Norway that meets regularly at Faith Lutheran Church in Farragut.

"A bunad is actually two pieces," she says, "a blouse and a vest, or a long-sleeved jacket and a long skirt, and it's the national costume of Norway."

Bunad styles differ according to region, and Shrader says you can tell where someone's from by the type of bunad they're wearing. Hers will be almost completely black, since her own Norwegian ancestors had the same black outfits.

She pulls a book from the bookcase guarded by a few authentic Norwegian trolls and turns to a page with a picture of her Norwegian ancestors, in-

cluding a great-something grandmother, Ingebord Hungensdattertofte. Like the other women in the picture, she was dressed in black.

"The last part of the name is always the name of the farm," she explains. "My mother's last name was Tofte."

When will she have her bunad finished? Shrader lays her hardanger work down in her quiet cabin and closes her eyes to think. "In about five years," she says.



*Hardanger embroidery or "Hardangersøm" is a form of embroidery traditionally worked with white thread on white even-weave cloth, using counted thread and drawn thread work techniques. It is sometimes called whitework embroidery.*

# Oslo & London Study Abroad Opportunity

## Summer 2017 Students and Seniors

A University of Tennessee study abroad program to Oslo and London in summer 2017 is open to senior members of Vikings of the Smokies Lodge.

This is a six week program, with the first week (June 1-8, 2017) taught online.

Students will learn about interviewing techniques and participant observation, and will acquire background knowledge in migration studies. The group will then leave for Oslo on June 8, and spend approx. 4 weeks in Oslo with the last 9 days of the course spent in London.

Senior citizens pay only \$7 per credit hour at the University of Tennessee, and as the study abroad course is 3 credit hours, the tuition cost will be \$21 for senior citizens.

Non-UT students have to apply to the University of Tennessee; however, the study abroad office has a fast-track procedure for applying to the university as a non-degree seeking student.

The total study abroad course would cost \$5471 for senior citizens, including the UT application fee of \$50, Tuition for 3 credit hours (\$21), Study Abroad Program fee (\$4,125), Study Abroad administrative fee (\$175), air fare Knoxville-Oslo; London-Knoxville (\$1100)

### Included in the program fees:

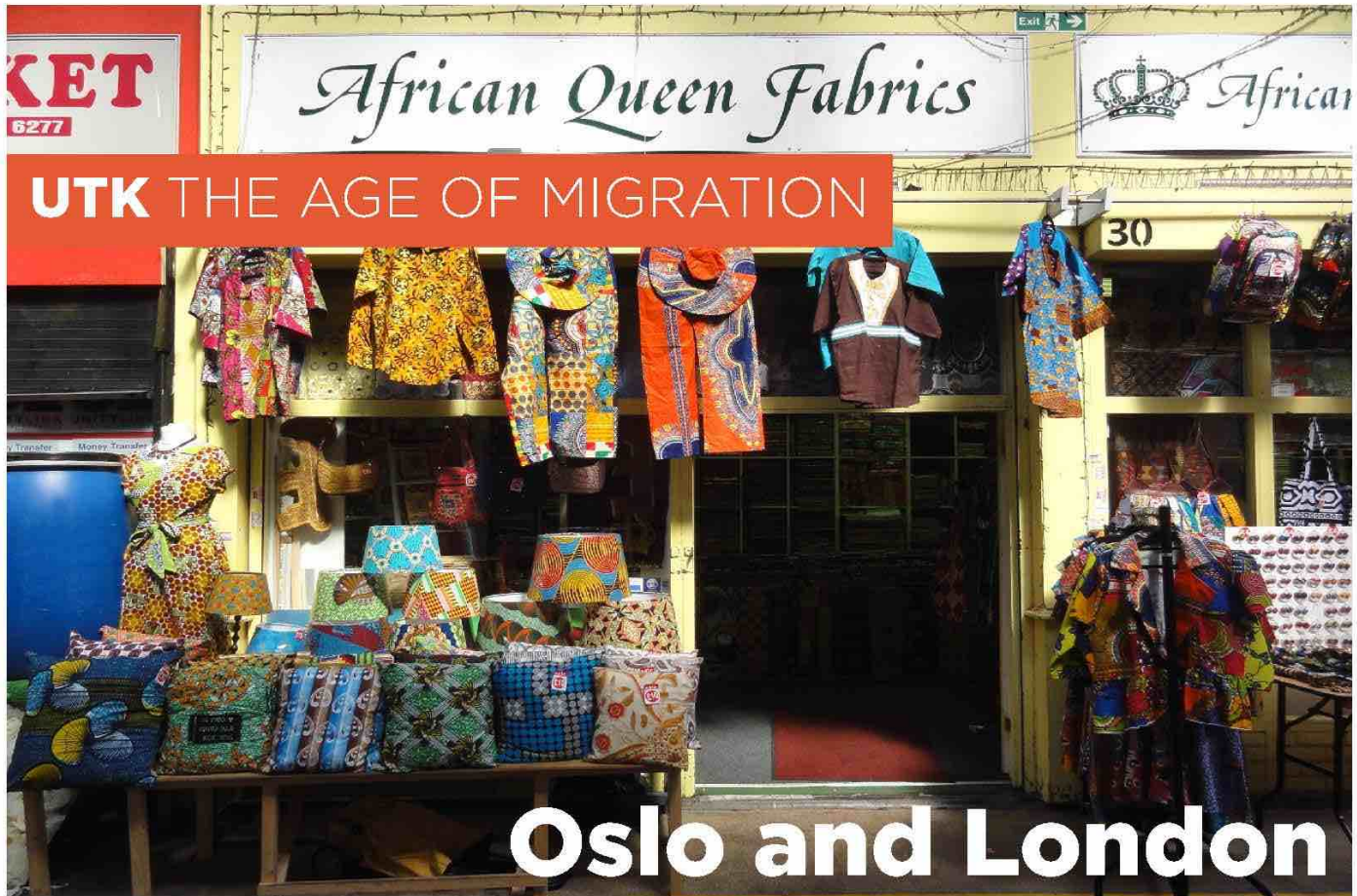
Oslo Airport transfers to hotel	London Airport transfers hotel
Double occupancy at the The Anker Hotel, centrally located in downtown Oslo	Single dorm rooms at Queen Mary University (approx. 15 minutes by subway to downtown London).
Daily breakfast	Daily Breakfast
Transportation pass in Oslo	Transportation pass in London
Welcome dinner in Oslo	Farewell Dinner in London
Plane ticket from Oslo to London	

The application deadline is **February 1st, 2017**.

Applicants will be notified by February 10 if they are accepted into the program. Those who are accepted need to commit by February 17, agreeing to a \$750 deposit.

For more information, visit the [UT Study Abroad website](#)

or contact [Dr. Micheline van Riemsdijk](#)



# Oslo and London

## COST

**PROGRAM FEE: \$ 4,125**

\*does not include tuition for 3 credit hours and the study abroad administrative fee\*

## DESCRIPTION

Explore current and historical migration issues in Oslo and London, two global cities that house a large number of immigrants. We will spend extended time in both cities, studying their immigration histories and current migration issues through guided field trips and small field assignments. In Oslo, students will learn about the legacies of the Viking explorations and the more recent migrations of Somalis, Pakistanis, Poles, and Swedes into Oslo. In London, guided tours will explore migrant settlement in three historic neighborhoods, Brixton, Brick Lane, and Kilbury.

## REQUIREMENTS

- NO COURSE PREREQUISITES
- GPA REQUIREMENT: 2.0

## DETAILS

- **DATES:** Online: June 1—June 6, 2017  
Abroad: June 8—July 2, 2017
- **COURSE:** Geography 444
- **CREDIT HOURS:** 3
- **FACULTY MEMBER:**  
**Dr. Micheline van Riemsdijk**  
Associate Professor of Geography  
E-MAIL: [vanriems@utk.edu](mailto:vanriems@utk.edu)
- **APPLY ONLINE AT:**  
[HTTPS://STUDYABROAD.UTK.EDU](https://studyabroad.utk.edu)
- **DEADLINE** February 1, 2017

The February Lodge event will feature a Chili Cook off - so go ahead and dust off your <sup>88</sup> secret <sup>99</sup>



## CHILI COOK- OFF

recipe and share your best chili in the 1<sup>st</sup> annual District 5 chili cook-off!

Members can create their famous chili for one and all to enjoy!

Bring along the chili and the recipe and we will judge all chili entries by the consensus of the lodge members in a secret ballot.

There are no guidelines - red bean, white bean, no bean, turkey, beef or chicken...just make your favorite!

Please contact [Joleen Dewald](#) if you would like to participate.